



& Josie Hellebore Present

Beginning A Witch's Apothecary

Week 3-Module 11

Final Course Wrap Up!



This course has been jam-packed with tons of information and techniques and methods for witchy wellness and natural remedies. Thank you again for trusting me, Josie Hellebore to guide and teach you the basic principles of a Witch's Apothecary. Also, I want to throw a shout-out to the lovely witches of Witch With Me for doing our community the great service of creating a space where we can meet, learn, grow with and teach one another. It is much needed and much appreciated. Don't forget to check out the other course options at the Academy on the WWM website, [www.witchwithme.com](http://www.witchwithme.com).

Over 20 years ago, in the 1990s when I first started down my witch path, there a lack of resources available and a huge issue with gatekeeping within the community. I remember reading in books that you needed to be initiated or to have been practicing witchcraft for several years before creating your own spells. Which is ludicrous. Unfortunately, this belief was strongly held within the witch community at the time and if felt like new witches had to "prove themselves" prior to being accepted as witches. My how things have changed, and thankfully for the better. We all need a little help early in our craft, but to say that a beginner witch is not capable of creating their own spells in rituals is a complete fallacy. My goal in creating this course is to empower each of you to create your own spells and recipes based off the information and knowledge that has been shared in this course. Use what you have learned here and implement

it into your practice. Take what you like and leave the rest, as they say. This course is not meant to be a strict “rule book”, merely a guiding presence as you step into your power and realize your own craft. Everyone practices differently, so please don’t ever let anyone project their own beliefs and experiences on to you.

If you would like to reach out to me with any questions or comments, I would love to connect with you and hear from you. You can reach me via email at [hillcountrybruja@gmail.com](mailto:hillcountrybruja@gmail.com). I also have 2 IG accounts, my witch account, @hillcountrybruja and my secondary account which focuses on homesteading, gardening, food preservation and chicken keeping, @josiehellebore. My YouTube account, Hill Country Bruja is similar in nature with a heavy emphasis on gardening and homesteading techniques. On my website [www.josiehellebore.com](http://www.josiehellebore.com) you can catch updated blog posts as well as natural remedies and other products and services I offer. Keep your peepers open for apprenticeship/mentoring program opportunities! Finally, you can keep up with my witchy journey on my Facebook page, Hill Country Bruja. I hope to see you there, my friends.